

Sittingbourne Area Committee Funding Scheme

Summary of applications received for the March 2022 meeting

Area Committee's allocation for 2021-22 - £44,000.00

At the February 2022 Extraordinary Sittingbourne Area Committee meeting, £34,361.33 of funding was allocated.

Available to allocate at the March 2022 meeting - £9,638.67

(Applications arranged in the order they were received)

Reference:	SITT018
Organisation:	SATEDA
Applicant Name:	Carey Philpott – Interim CEO
Status of organisation:	Registered Charity
Details of project/activity:	<p>In response to priority 3.1 SATEDA will provide a combined health and domestic response in Sittingbourne through the Iris initiative. With this funding we will help educate and train all who work in GP surgeries to enable them to have increased knowledge and information on how to spot hidden signs of abuse and ensure that a supported and adequate response is provided.</p> <p>What is IRIS - IRISi</p> <p>IRIS improves the General Practice response to DVA and essentially improves the safety, quality of life and wellbeing of survivors of DVA.</p> <p>Core areas of the programme include ongoing training, education and consultancy for the clinical team and administrative staff, care pathways for primary health care practitioners and an enhanced referral pathway to specialist domestic violence services for patients with experience of DVA.</p> <p>SATEDA hold the license to deliver Iris, an evidence-based approach which is a collaboration between primary care and specialist domestic abuse organisations to improve the general practice response to domestic abuse. It is evidenced that:</p> <ul style="list-style-type: none"> • 80% of women in a violent relationship seek help from health services and these are often a woman's first, or only, point of contact (Department of Health) • 26% of women experience domestic abuse in the course of their lifetime (CSEW, 2016), while for women attending general practice this figure can increase to 41% (Richardson et al, 2002).

	<ul style="list-style-type: none"> Women are often not aware they are being abused. The GP and practice staff have a unique position to link presenting issues with the possibility of abuse <p>Beneficiaries are expected to be mainly women and children, and male victims will be supported to access specialist male support services. By providing this service we will give women and children the opportunity to live fulfilled lives safe from abuse and towards positive futures.</p>
Supporting papers	No
Quote provided	No
Total project expenditure:	<p>Project Coordination – salary and specialist DA provision - £30,191.00 Clinical lead – salary - £5,900.00 Marketing – production of materials, social media etc - £500.00 License Fee - £5,000.00 Management, training, equipment, supervision - £4,529.00 Total project Expenditure - £46,120.00</p>
Total project income (addition sources of income including cash/in kind):	<p>Grant from Tudor Trust - £36,000.00 SATEDA fundraising (equipment/marketing) - £1,000.00 Total project Income - £37,000.00</p>
Funding request:	£9,120.00

Reference:	SITT019
Organisation:	Milton Creek Country Park Trust
Applicant Name:	Lynda Marshall - Trustee
Status of organisation:	Registered Charity
Details of project/activity:	<p>“Space in the Park” a community hub for Milton Creek Country Park</p> <p>We have a 20ft container (ROOM), on loan until midsummer 2022, which has been converted as a community art space. This has been well used but it is far too small for what we do. Having this space has established the need for a much larger indoor space in the Park. Anything in the Park needs to be "bullet proof" so we would like to purchase 2 x 40ft shipping containers, get then converted, delivered and linked together to provide a space we can use for classes, workshops and other community activities. (phase 1)</p> <p>We have a dedicated team of skilled volunteers so we are proposing to do much of the fitting out ourselves but we will also need funding for materials and professional help with things like electrics. (phase 2)</p> <p>There are not many grant funding bodies that will fund capital projects and the ones that do will only fund a small percentage of the total cost. The Trust needs to raise as much of the initial cost of purchasing the containers and getting the metalwork professionally adapted as possible to allow us to proceed with this exciting new project so we are looking for a contribution to the cost of phase 1.</p> <p>Please see attached detailed quotation. Two more quotes have been requested but not yet received so I have include 2 quick quotes received previously when searching for possible suppliers.</p> <p>This project will be a great addition to the facilities in the area and will be of benefit to all the Park users. Now there are toilets and the car park and a nearby café will be available in the foreseeable future we will be able to run events and activities that will attract a far wider community to the Park. The benefits it has to offer for health, education, leisure and appreciation of the environment and the Creek are many and wide ranging.</p>
Supporting papers	Yes
Quote provided	Yes
Total project expenditure:	Pentalvar – Supply, convert, install 2 x 40 ft containers - £32,332.00 VAT - £6,466 Total project expenditure - £38,798.00

<p>Total project income (<i>addition sources of income including cash/in kind</i>):</p>	<p>Cash from reserves - £4,000.00 Cash from Friends of MCCP fundraising - £600.00 Grant – Heritage & Culture Fund 2021-2022 - £1,000.00 Total project income - £5,600.00</p> <p>We are not VAT registered. DS Smith have indicated they will sponsor us by preparing the site and install the foundation pads. Graham Kirk (volunteer) has provide the drawings, specification and technical expertise.</p>
<p>Funding request:</p>	<p>£9,000.00</p>

Reference:	SITT020
Organisation:	Diversity House
Applicant Name:	Christine Locke - CEO
Status of organisation:	Company Ltd by Guarantee and Registered Charity
Details of project/activity:	<p>Our three months pilot project aims to tackle Biodiversity and environmental topics by working in multi-agency collaboration with HUBBUB UK as well as Swale Borough Council's climate and ecological emergency project officer. This will involve creating and engaging new ways of highlighting and actioning the risk to our habitat (human, animal, and planet) of littering, pollutions, and wastage in Sittingbourne.</p> <p>The project's initial focus will be on:</p> <ol style="list-style-type: none"> a) Waste removal through litter picks; b) Recycle on the go' – entails creating spaces throughout Sittingbourne where disposal cups can be recycled. We will place five recycling bins in strategic business locations in Sittingbourne and will collect these bins weekly to be recycled in our premises. This activity has the added benefits of creating collaboration with local businesses whilst reducing pollutant; c) Litter walks (urban walks – around Sittingbourne) for all ages, aimed at identifying types and impacts on the different habitats. People will be encouraged to bring along their own lunch to avoid wastage and fast food (minimising carbon foot print); and d) Ballot bin campaign – a creative way of encouraging people to dispose their cigarette butts in a way through a polling system. <p>There is evidence to show that this method has proven to reduce litter by up to 46% which teaches people how to dispose cigarette butts – Awareness workshops:</p> <ul style="list-style-type: none"> • Food waste workshop – targeting people of all ages to teach how to make the most of their foods. • Plastic waste workshop – highlighting the damaging impact of single use plastics • TapChat workshop - working in collaboration with water companies, this workshop will encourage people to rethink daily water habits and helping to cut water waste.
Supporting papers	No

Quote provided	Yes
Total project expenditure:	10 x litter picking packs - £359.40 5 x recycling bins - £139.20 5 x cigarette bins - £1,560.00 Recycling waste management - £936.00 Materials for all activities & workshops - £1,750.00 Staffing costs - £1,400.00 Training & facilitators for activities & workshops - £1,000.00 Management @ 15% cost of admin, insurance and overheads - £1,071.69 Total project expenditure - £8,216.29
Total project income (addition sources of income including cash/in kind):	None.
Funding request:	£8,216.29

Reference:	SITT021
Organisation:	New Leaf Support Ltd
Applicant Name:	Hasmita Reardon – Charity CEO
Status of organisation:	Registered Charity
Details of project/activity:	<p>Support & Sing with New Leaf New Leaf Support would like to build a new project for vulnerable and disadvantaged people in the Sittingbourne and Swale area that have been affected by Domestic Abuse.</p> <p>Support and Sing with New Leaf will bring a local experienced singing coach, our team of qualified Support Workers, trained Volunteers and all ages of Victims that have suffered Domestic Abuse together to meet and receive group singing lessons to help build confidence, combat loneliness and all the benefits listed below.</p> <p>Feel Happy - There is an increasing amount of evidence that singing releases endorphins, serotonin and dopamine – the ‘happy’ chemicals that boost your mood and make you feel good about yourself. Scientists believe that’s one of the reasons why people report being on a high during singing sessions and continuing to feel positive, uplifted and motivated afterwards.</p> <p>Feel Healthy - There are also health benefits the way singing requires you to breathe increases your lung capacity as well as engaging the muscles around your ribcage which is why it is being used to help rehabilitate people recovering from lung conditions and most recently Covid.</p> <p>Relaxed - Singing is good for releasing anxiety and helping us transition to a state of rest and relaxation. Just humming along can reduce stress levels.</p> <p>Memory - Singing can help improve mental alertness, memory and concentration as it involves focusing on multiples things at once, engaging many areas of the brain in the process. Music is also increasingly being used in dementia care, due to being a powerful tool in sparking memories often long after other forms of communication have diminished.</p> <p>Community - Singing is a fantastic communal activity. Singing with other people helps build connections, feelings of togetherness and social bonding, combating loneliness.</p> <p>Confidence - Singing in a group can help build your confidence, self-esteem, self-belief and strong sense of accomplishment.</p> <p>New Leaf will facilitate three, six week courses that will run for an hour each week, as with</p>

all our wellbeing courses there will be a trained coach, qualified support worker who will be on hand to offer support if needed to any of our clients that participate and a fully trained volunteer to assist where needed. All our staff, volunteers and the singing coach are DBS checked. There will also be refreshments supplied during each session.

The last session of the first two six week sessions with our clients we will attend a local residential home for the elderly, to show off what our clients have achieved whilst attending Support and Sing with New Leaf. Then the final six week course would be carried out at the home for the residents to join in. This is so we are able to offer our support and wellbeing to the elderly who in some cases are unable to attend a venue outside the home.

Due to some of our clients having literacy difficulties Support and Sing with New Leaf is a great way for them to express themselves without the embarrassment they may feel in learning online courses etc. It's also good for anyone unable to talk as they may be able to sing, whistle, clap or tap their feet, which provides an avenue for communication and engagement.

Swale's Strategic Priority 3 is Tackling deprivation and creating equal opportunities for everyone

3.1 Undertake targeted interventions to identify our most disadvantaged families and communities, improve our understanding of the issues they face, and develop new ways of working to reduce social exclusion and enhance opportunities and quality of life.

Domestic abuse sadly affects all ages from the young to the elderly and disadvantaged families. The ongoing abuse from perpetrators affects the self-esteem and confidence of victims reducing their quality of life. Victims can lose the confidence to socialise, communicate, and have low self-esteem making them feel lonely and unhappy. Support and Sing with New Leaf will give them the opportunity to gain the confidence to sing alongside people that have experienced the same trauma. This will give them the opportunity to improve their quality of life and enhancing further opportunities to continue with singing in the future.

3.3 Develop a communitarian approach to partnership working based on shared objectives with like-minded agencies in the voluntary and community sectors.

New Leaf Support is a small local charity in Sittingbourne we thrive at working in partnership with other organisations and local authorities. Currently we are working with Swale your Way who provide gym and swim passes to our clients. We also have

	<p>our own food bank with donations from our local Morrison's and Lidl stores.</p> <p>3.5 Promote wellbeing and enjoyment of life by signposting and encouraging a wide range of sporting, cultural and other leisure activities appropriate and accessible to each age group.</p> <p>New Leaf Support promotes, healthy life styles and wellbeing to clients of all ages. We have run several cooking classes with our clients and counselling sessions with young children, both receiving positive feedback. We are also organising to start our yoga, reiki, art classes and group bike riding sessions within the next couple of months. All of which will be offered to clients attending the Support and Sing with New Leaf.</p> <p>Project Plan</p> <p>Session 1 Week 1 - Singing Coach, Volunteers and a Support Worker will meet with the Clients for an Introduction to the Course. Week 2 to 5 - Clients attend the Courses run by the Singing Coach with a Volunteer and Support Worker present. Week 6 - Singing Coach and Clients attend a local Elderly home to Sing and promote what they have learnt during the Courses.</p> <p>Session 2 Week 1 - Singing Coach, Volunteers and a Support Worker will meet with the Clients for an Introduction to the Course. Week 2 to 5 - Clients attend the Courses run by the Singing Coach with a Volunteer and Support Worker present. Week 6 - Singing Coach and Clients attend a local Elderly home to Sing and promote what they have learnt during the Courses.</p> <p>Session 3 Week 1 to 6 - Singing Coach, Volunteers and a Support Worker attend the Elderly home to run singing courses.</p>
Supporting papers	No
Quote provided	No
Total project expenditure:	Room rental – 2 x 6 weekly sessions - £360.00 Singing coach – 3 x 6 weekly sessions - £1,260.00 Refreshments – 18 weeks - £180.00 Administration – 18 weeks, 2 hours per week £540.00 Support worker – 18 weeks, 2.5 hours per week - £675.00 Total project expenditure - £3,015.00
Total project income (addition sources of income including cash/in kind):	None
Funding request:	£3,015.00



Compiled by Janet Dart, Interim Area Committees Coordinator
Date: February 2022